

## Festive Reflections on Entering the New Decade.

During my recent travels-  
(I'm always on the go,)  
I heard an old time saying  
remembered from years ago.

My dear old Grandma  
muttered it to me one day,  
at the time, most probably,  
I was getting in her way -  
"Now Ron, if you want  
to feel good about yourself," she said,  
"just stop hanging about the house all day -  
and find something useful to do instead."

That brought to mind  
a more recent conversation  
of what might be our greatest gift  
we could pass to the next generation.  
In the many suggestions that came forth,  
the gift of 'self esteem' was mine-  
seemed to be a much better legacy  
than even a bottle of fine wine.

Relating it to Grandma's good advice,  
it somehow fits so well -  
funny how those wise old words  
often ring a familiar bell.  
On giving this gift a bit of thought,  
I'd probably now suggest,  
when it comes to *spending* or *investing* our time,  
investing is definitely best.

Growing physically, mentally and spiritually,  
means we're investing in our time,  
whereas growing old is just spending it,  
we may even waste that bottle of fine wine -  
So while flying back from Washington,  
I've put my thoughts on parade  
as our lives fly so swiftly by  
into the mystery of a brand new decade.

Our words and our actions  
will live in those who follow on-  
This is our legacy, you know -  
Just a reminder from 'good old Ron' -

Happy Christmas!



Ron Manners  
December, 2010  
[www.mannkal.org](http://www.mannkal.org)

We have moved to a larger & modern office;  
Please note new details:

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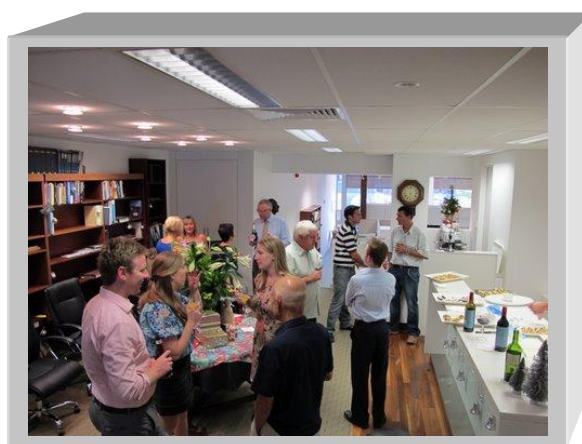
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Pre-office move on Oct. 8<sup>th</sup>. Ron, with visiting speakers James Bennett (USA), Barbara Kolm (Austria) & Alex Chafuen (USA)



Celebrating the office opening – Nov. 25<sup>th</sup> 2010.

- Facebook:  
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Ron Manners –  
<http://on.fb.me/eJ14qg>

- For information on previous book:  
*Never A Dull Moment* –  
<http://bit.ly/i1Wxqk>

- For information on latest book:  
*Heroic Misadventures* –  
[www.HeroicMisadventures.com](http://www.HeroicMisadventures.com)

- Do you know of young Western Australians who may be eligible for a Mannkal Scholarship? If so, go to our website –  
<http://www.mannkal.org/scholars.php>

Wishing you and your loved ones a Happy Christmas & New Year